September Gardening Tasks & Tips



Fall is the time for mums, for pumpkins and another round of pansies, for soft golden twilights and leaves crunching underfoot. September is the last month here in zones 6 and 7 when the garden is lush and full. We're harvesting the last of the tomatoes here at Seven Oaks, my farm near the Blue Ridge Mountains, as well as peppers and green beans. The last potato harvest is gathered now, as are the sweet potatoes. We watch the parsnips, broccoli, cabbage, Brussels sprouts and cauliflower, keeping a close eye on the weather forecasts. After the first frost, they taste sweeter, and it's probably the best time to harvest.

September Gardening Tips

- Find a weather report on television, radio or the internet that you
 feel is the most accurate. This is hurricane season along the
 Atlantic seaboard, and August and September are the most active months. Learn
 basic hurricane preparation tips from the American Red Cross and take steps now
 to secure your family, your pets and your home against possible storms.
- In addition to paying attention to hurricanes and storms, listen to the temperature forecasts. If a frost is predicted, take steps to protect tender annuals if you wish to extend the season.
- Harvest the last of the warm weather vegetables: tomatoes, peppers, eggplant, green beans.
- Harvest root crops: sweet potatoes, potatoes, beets, carrots.
- Wait to harvest other crops until after the first frost or two. These crops taste sweeter after they're touched by frost: broccoli, Brussels sprouts, parsnips.
- When vegetables are finished, remove the plants from the garden and compost them or throw them in the trash. Shake the soil off the roots back into the garden bed.
- Turn the compost one last time before the fall.
- Finish ordering spring flowering bulbs: daffodils, tulips, crocus, others.
- Move any perennials now, before the weather turns too cold.
- Divide and replant daylilies now.
- Plant fall annual flowers: mums, cool weather pansies, ornamental cabbage.
- Add mulch to plants. Place a layer of mulch around the plant in a circle. Mulch
 prevents heaving, or freezing and thawing of the soil. It also helps plants retain
 moisture near the roots where it can be used by the plant.

- Continue watering the garden if you do not receive enough rainfall in your area.
- Start feeding the birds if you take seed feeders indoors during the summer months. Make sure feeders are clean. A general, all purpose seed mixture is fine for most wild birds.
- Take down hummingbird feeders after you notice the liquid levels remain the same for at least two weeks. I often see a stray hummingbird or two in the gardens at Seven Oaks until October as they finish their migration to Mexico and Central America.